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Pure Feeling

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Buddhism is a religion of “Enlightenment” (*satori*) as is shown by the term *Buddha*, which means the *Enlightened One*. When man attains *Bodhi*, i.e. the awakenment from the self-obscured ignorance to the perfection of consciousness, he becomes a Buddha. In other words, *Bodhi* or Enlightenment is the freedom from the ignorance that darkens our consciousness by limiting it within the boundaries of our personal self, and obstructs our vision of truth. Truth is all-comprehensive. There is no such thing as absolute isolation in existence, and the only way of attaining truth is

through the interpenetrating of our being into all objects. It is dire destruction for us when we envelop our consciousness in a dead shell of our narrow self. This is indeed the killing of the very spirit of our being, which is the spirit of comprehension and permeation. Essentially man is not a slave of himself, or of the world, but he is a *lover*. Our freedom and fulfillment is in perfect comprehension and permeation. By this power of comprehension, this permeation of our being, our hearts are *transferred back* into, and united with the All-pervasive Original Heart, which is the Heart of our hearts.

However, being shut up within the narrow walls of our limited self, we lose our *simplicity* and turn a deaf ear to the *call* welling up from the inmost depths of our heart. We are not quite conscious of our *inherent longing*, for it is hidden under so many layers of pride and self-deception. Just as we are not ordinarily conscious