



*A person might never receive a great vision or any power — it doesn't matter. The Medicine Fathers know what is in our hearts, and they may help us or bless us in ways we do not see. We must be resigned to whatever trials they send us and we must be content with what we have been given. If a person expects to receive something great, then that person will probably never receive anything. The Medicine Fathers do not owe anything to anyone. We must realize this and dedicate our lives to living in accordance with the directions given to us from Above — not just once a year, but every day and year after year.*



*Above: Thomas Yellowtail, 1973; Below: Crow Sun Dance Lodge, 1980s  
Opposite: Crow Sun Dance Lodge after the Sun Dance, 2000*



*Now I am speaking about the Sun Dance Religion and I have done my best to speak with my heart. There is much more that could be said about the Indian Way, but enough has been said so that each person who hears these words can know that the Sun Dance Religion is a path that can lead us through this life and lead us to Acbadadea.*